

MotivateMe® Kick-Off!

What is MotivateMe® ?

MotivateMe® is a voluntary incentive-based program and platform that tracks and records your wellness sponsored activities.

Stop by the MotivateMe® Kick-Off to:

- Get one-on-one support with registration and logging in.
- Complete your Health Assessment on the spot.
- Learn more about tracking activities and earning rewards.



Monday, January 6	Tuesday, January 7	Wednesday, January 8	Thursday, January 9	Friday, January 10
Forest Park Terminal 7 am - 11 am	Chicago Ave. Garage 11 am - 3 pm	Harlem Terminal 7 am - 11 am	North Park Garage 9:30 am - 1:30 pm	Kimball Terminal 7 am - 11 am
Monday, January 13	Tuesday, January 14	Wednesday, January 15	Thursday, January 16	Friday, January 17
Midway Terminal 11 am - 1 pm	Rosemont/O'hare 7 am - 9 am	95th St. Terminal 1 pm - 3 pm	Warehouse 7 am - 9 am Control Center 12 pm - 2 pm	54th St. Terminal 7 am - 9 am
Monday, January 20	Tuesday, January 21	Wednesday, January 22	Thursday, January 23	Friday, January 24
	South Shops 7 am - 10:30 am 77th St. Garage 11:30 am - 3 pm	CTA Headquarters 11 am - 1 pm Jefferson Park Terminal 11 am - 1 pm	311 W. Institute 12 pm - 2 pm	Forest Glen Garage 7 am - 11 am
Monday, January 27	Tuesday, January 28	Wednesday, January 29	Thursday, January 30	Friday, January 31
Howard Terminal 11 am - 3 pm	CTA Headquarters 11 am - 1 pm 89th St. Training Center 11 am - 1 pm	103rd St. Garage 7 am - 11 am	Kedzie Garage 9:30 am - 1:30 pm	74th St. Garage 7 am - 11 am