



ACT NOW

SAVE LATER

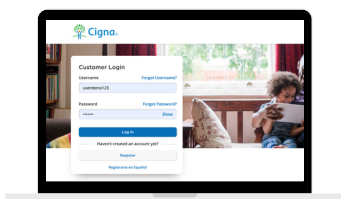
MYCIGNA.COM REGISTRATION



Visit myCigna.com to take your online health assessment. Find money-saving in-network doctors, preferred labs and valuable wellness resources for you and your family.

STEP 1

Visit myCigna.com and create your profile using your Cigna ID



STEP 2

Take your Health Assessment
Under "Wellness" click on "Health Assessment"

FIND IN-NETWORK DOCTORS AND HOSPITALS

- Manage and track claims
- See cost estimates for medical procedures
- Access a variety of health and wellness tools and resources

SAVE TIME AND MONEY WITH MDLIVE

Choose MDLIVE for a more convenient way to receive easy, convenient medical care, 24/7, for non-emergency urgent care, behavioral health and dermatology.

You can also skip the waiting room with virtual wellness screenings. Connect with a board-certified MDLIVE doctor via video or phone from the comfort of your home. Virtual wellness screenings and the associated lab work are part of your plan and covered at no additional cost to you. You'll schedule a lab visit for biometrics to review with a doctor in advance for a more thorough virtual visit.

How to Get Started with MDLIVE

1. Go to myCigna.com, scroll down and select "Talk to a Doctor or Nurse"
2. Under Medical, click "Connect"
3. Follow the prompts to schedule your appointment